



CatholicCare
Diocese of Broken Bay

CIRCLE OF SECURITY PARENTING PROGRAM

An 8 week program suitable for parents of children aged 0 – 5 years.



Tuesdays

11 February - 31 March 2020
10.00am - 12.30pm



**Central Coast
Family Centre**

10/10 Pioneer Avenue,
Tuggerah



Cost:

Gold coin donation,
morning tea provided

Topics include:

- Understand your child's needs and behaviour
- Help your child manage their emotions
- Develop skills to build a positive relationship with your child
- Develop their confidence and self-esteem.



Circle of Security

I N T E R N A T I O N A L [™]

Early Intervention Program for Parents & Children

**BOOKINGS
ESSENTIAL**

Central Coast Family Centre
P: (02) 4356 2600
E: ccfc@catholiccaredbb.org.au
Note: No childcare is available