

#### St Cecilia's Catholic School

Panonia Road, Wyong. 2259 Telephone: (02) 4353 2922 Fax: (02) 4353 2943

Email: <a href="mailto:scw@dbb.catholic.edu.au">scw@dbb.catholic.edu.au</a>
Web: <a href="mailto:www.scwdbb.catholic.edu.au">www.scwdbb.catholic.edu.au</a>

28<sup>th</sup> August, 2018

Dear Parents,

#### Father's Day and Book Week Events



Thursday 30th August: Book Fair 8.15am - 8.45am, 3.05pm - 3.45pm

Friday 31st August: Father's Day Breakfast - 7:30am

Father's Day Liturgy - 8.45am Awards Assembly – Following Liturgy

Book Week Parade 9.45am in the Assembly area

Book Fair 8.15am - 8.45am, 3.05pm - 3.45pm



#### School Herb and Vegetable Garden - Pots Needed

If you have any nice pots you aren't using could you consider donating them to our Garden Team to place around the garden please. Just bring them to school and the team will take care of them. Thank you



#### Parent Group / Cheese and Chat

We had our Cheese and Chat meeting last Wednesday and it was great to see a good number of parents there. We discussed a few topics including the **Musical** and ticket allocation. We are yet to work out the logistics of this but will let you know as soon as we can.

We discussed the idea of a **Silent Disco**; details around this will come out soon.

Another item we discussed was an idea for a **natural play area** near the river fence. More details to follow.

#### Resilient Families: Cultivating Inner Strength within our Children

Dr John Irvine with a panel for parents & caregivers of primary & secondary students

Tuesday 5 September 2018, 7pm-9pm MacKillop Catholic College, Warnervale Bookings: www.trybooking.com/413917



More information: www.brokenbayparentcouncil.com/dr-john-irvine

#### **RAINBOW ALERT**

#### St. Cecilia's Musical

Dress Rehearsal: Tuesday 11th September, 11.30am Matinee: Wednesday 19th September, 11.30am

Night Performance: Wednesday 19<sup>th</sup> September, 6.00pm.

All children are required to attend these days unless you have informed the school otherwise. A big thank you to the families who have already done so. This makes it much easier for the smooth flow of the musical.

Prior newsletters stated what your child needs to wear and what is being provided. Note KB you now need to provide your own white tee-shirt ASAP labelled with your child's name. 2G you can now wear any suitable clothes as a rapper if green is difficult to purchase.

For the dress rehearsal your child will come to school as normal and bring their costumes in a clearly labelled bag. All costume items need to be labelled with your child's name. After the rehearsal your child will change back into their school uniform. Their costume will remain at school.

For the matinee performance your child will come to school as normal and change into their costume at school. This then will go home in the afternoon with your child so they can be dressed in their costume and at school in their classroom by 5.30pm.

Families who attend the matinee performance can take their children home afterwards for a rest.

All students will remain in their classrooms until their performance number for the matinee and night performances due to space issues.

All students will see the concert at the dress rehearsal as they will be the audience that day. No child is to leave at the night concert until after the finale number as it's too disruptive for the performers otherwise.

As space is limited parents are asked to attend either the matinee or night performance, not both. If you can attend the matinee please do as the night time performance will be the most popular. Numbers will be limited depending on seats available. Ticket distribution information will be in the school newsletter.

#### Catholic Care - Foster Carers Needed

Catholic care is in desperate need of Foster Carers on the Central Coast. If you have ever thought of being a foster carer there is an information evening being held on Tuesday 11th September at 6pm. Please see below for further information.



#### From the REC

#### **Parent Reflection Morning**

Parenting Tips

Last Friday Jo Speck and Teresa Pirola from the Catholic Schools Office lead another beautiful parent reflection morning. We explored the joys and challenges of parenthood and scripture and discussed how to make dinner time "more than just a feed" and experience dinner more like a ritual at the heart of a family's life (some useful tips below). Thank you to those parents who were able to make the

reflection morning and congratulations to our successful dinner winners!

#### Six ways to take the boring out of weeknight dinners:

- **Go fancy.** Use candles, flowers or greenery from the garden, the 'good' crockery and silverware. Write place cards and fold serviettes and let the kids drink their milk from a wine of glass!
- **Change of scene.** Throw a picnic blanket in the back yard or on the balcony for a picnic dinner at home, or take it to a nearby park or bench.
- Back to front. Don't worry about rationing your appetite for once - eat dessert first!
- Colour code. Let colour inspire the choice of food and table decorations, e.g. green for St Patrick's Day.
- Turn it up! Keep the fun vibe going at clean-up time by playing some high-energy music. They'll be more inclined to stay and help. (Franklyman.org)





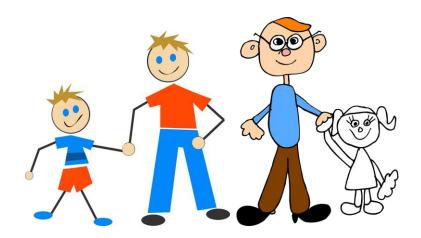






#### **Father's Day**

Please see below an invitation to all fathers and male role models in our children's lives to our special Father's Day breakfast and liturgy, to be held next Friday, 31 August from 7.30am. Following the liturgy is the Book Character Parade. All are most welcome!



We would like to invite all fathers and male role models to our Father's Day Breakfast and Whole School Liturgy on Friday 31st August from 7:30am

#### **Term 3 Upcoming events**

- Father's Breakfast and Liturgy, 31st August, from 7:30am, St Cecilia's Assembly Area
- Grandparent's Liturgy, 7th September, 8:45am, St Cecilia's School Hall
- Sacrament of Reconciliation, 11th September, 4pm, St Cecilia's Church, Wyong

#### **2018 Sacramental Dates**

#### Sacrament of Reconciliation

Tuesday, 11th of September @ 4:00pm

Please note that this date has changed due to

Father Alex being away on holidays!

Sacrament of First Eucharist

During the Masses over the weekends of:

10th/11th of November; 17th/18th of November

#### Parish Mass Times s Wyong

#### St Cecilia's Wyong

Saturday Vigil 5pm

Sunday 7.30am and 9.30am

St John Fisher, Tumbi Umbi

Saturday Vigil 5pm

Sunday 8.30am & 5pm

**God Bless** 

Jamie Dowling

**Religious Education Coordinator** 

#### School News

#### **Linen Roster**

Week 6	Kyly Slattery	
Week 7	Julia Webster	
Week 8	Amy Martin	
Week 9	Kristy Clouten	
Week 10	Carolina Saenz	

#### Father's Day Raffle Ticket Reminder

Raffle will be drawn this Friday. Please send back your raffle money and stubs as soon as possible for your chance to win fabulous prizes with lots of chances to take home a prize.

If you have sold your tickets, and would like some more, please contact the office.

#### **Literary Lunch**

Ten students from Year 5 were lucky enough to attend the Central Coast CBCA Committee 2018 Literary Event. Two popular illustrators shared their skills with students.

Dub Leffler & Liz Anelli were the featured illustrators.

"I loved how the workshop gave us the opportunity to learn techniques to benefit our drawing skills. I also liked how we got to do some of the challenges together with the 11 other schools. Overall, it was an amazing experience and I would totally go back next year." Chelsea M 5G

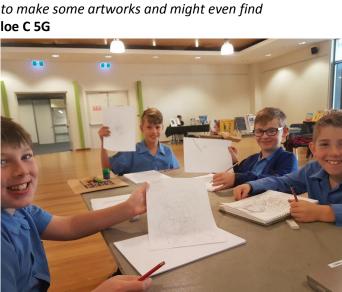
"The day was amazing! It was really fun to learn the way illustrators become super creative when drawing.

I enjoyed learning all different techniques to use when drawing. Overall the workshop was a totally different experience that I wasn't expecting" **Grace V 5B** 

"I think the library day was very good! It was so fun to see the illustrators so close in person and watch them illustrate and show their techniques. I also think it's amazing how they showed us how to draw and did fun little games with us! It was the best!" Lily B 5B

"I enjoyed the games we played with Dub Leffler. We played two games continuous line drawing - where we draw but we can't lift the pencil up. We also played what's in the box where Dub would have a box and we would draw what we thought was in the box. I received some tips that improved my drawing skills, I learnt that Liz Anelli uses stamps to make some artworks and might even find something dip it in ink then use it in her artwork." Chloe C 5G







#### Canteen News

Dear Parents,

#### Qkr! Forgotten your Password?

If you have forgotten the password to your Qkr account, please contact the school office.

#### Mini Treat Day! Wednesday 29th August

This Wednesday 29<sup>th</sup> August we are holding a Mini Treat Day in the Canteen!

- Recess- Cheese & Vegemite or Pizza Scrolls 50c,
- After Lunch Treat-TNT Ice Mony Frozen Treat- Watermelon or Blue Raspberry 60c.
- Regular menu is available for lunch orders via Qkr!





#### From the FLO

Dear Parents,

Last Friday we had a very enjoyable and relaxing Reflection Morning where all who attended were able to slow down and take some time out. We also had children from Bundilla Preschool join us for Storytime.

This Friday we will have our annual Father's Day Stall where gifts can be purchased for five dollars. There will be extra gifts available for purchase after each class has had an opportunity to purchase one gift. Below are some of the gifts available.





To all our fathers, grandfathers or that special person, have a wonderful day on Sunday.

https://www.parentingideas.com.au/blog/father-to-father/ has some very wise tips for dads.

Have a lovely week,

Bernadette Daniel Family Liaison officer

## Awards and Acknowledgements



#### Congratulations to the following students for their achievements

#### Academic Achievement

Kinder Blue	Miller W	Kinder Gold	Samantha W
1 Gold	Imogen V	1/2 Blue	Madeleine H
2 Gold	Matthew B	3 Blue	Elliot K
3/4 Gold	Jazmyn G	4 Blue	Nate M
5 Blue	Emily N	5 Gold	Mitchell R
6 Blue	Eloise L	6 Gold	Dominique O
Music	Declan N 5B	Japanese	Nate M 4B

#### Personal Best

Kinder Blue	Johnny M	Kinder Gold	Will C
1 Gold	Lily S	1 / 2 Blue	Harper S
2 Gold	Sienna C	3 Blue	Sacha B
3/4 Gold	Tadhg C	4 Blue	Will R
5 Blue	Demi K	5 Gold	Katherine P
6 Blue	Joshua B	6 Gold	Summer D
Music	Amira Z 6G	Japanese	Zarli H 1/2B
Library	Riley H 5G	Library	Declan N 5B

#### PBL Award

Kinder Blue	Zac S	Kinder Gold	Sam T
1 Gold	Beau S	1 / 2 Blue	Lucas B
2 Gold	Isabella S	3 Blue	Lilly H
3/4 Gold	Oliver T	4 Blue	Saphyre J
5 Blue	Bryce B	5 Gold	Noah J
6 Blue	Eliza T	6 Gold	Oliver G
Music	Hayden L 5B	Japanese	Roxy B 3B

### Principal's Light of Learning Award



Kinder Blue: Oliver M

For being a calm, kind and responsible class member. Oliver is a great friend and fills our classroom with happiness and positivity

Kinder Gold: Hartley R

For being an independent learner who does not give up

1 Gold: Luke K

For consistently making good choices throughout his day both in and outside the classroom

1/2 Blue: Sophie M

For taking on all learning advice given to her and being a gentle and caring member of our school community

2 Gold: Aditi P

Aditi is a hard worker, a kind protective friend and a great representative of our school

3 Blue: Eloise E

For being a responsible role model for others. She displays a hard work ethic, positive attitude and caring personality

3/4 Gold: Kascia L

Never complains, completes work and is a great friend

4 Blue: Chelsea A

For her positive and kind nature and continually giving 100% in all school activities

5 Blue: Hayden L

For being a great friend to others and for always working hard to achieve his personal best

5 Gold: Kiara W

For being committed to taking on challenges, always willing to help others and modelling a growth mindset

6 Blue: Ellie W

For being an extremely responsible and unselfish person who is always willing to help others in her own time. She is always setting a fantastic example for others

6 Gold: Charlotte W

For being a respectful and caring class member and always giving everything 100%





#### JUNIOR CRICKET AGES 9-17 | 2-4 HOURS

- Play endorsed new junior cricket at your local club
- More action and better skill development
- Everyone gets a go
- Girls only leagues available

## **PLAY JUNIOR** CKET AT YOUR ION-PACKED

Play more shots, face more balls and get more wickets as you develop your skills through three levels of junior cricket.

Wyong District Cricket Club

Various dates, session times and venues (please ask)

Brendan Alderson 0439 456429

Email: brendanalderson@gmail.com

We accept Active Kids Vouchers!

JOIN THE FUN AT YOUR LOCAL CLUB REGISTER AT PLAYCRICKET.COM.AU







**WOOLWORTHS CRICKET BLAST IS A FUN AND FAST** PROGRAM FOR KIDS OF ALL ABILITIES TO LEARN THE SKILLS AND PLAY AUSTRALIA'S FAVOURITE SPORT.



#### **JUNIOR BLASTERS**

AGES \$-7 | GO MINS

- Learn new skills including catching, throwing and teamwork
- · Make new friends or organise a group to learn together
- · Wear the colours of your favourite Big Bash heroes in a personalised t-shirt
- All equipment supplied, parents join in the fun





#### **MASTER BLASTERS**

AGES 7-10 | 90 MINS

- For kids with basic cricket skills
- Every kid gets a chance to bat, bowl and field
- Wear the colours of your favourite Big Bash heroes in your choice of coloured player cap
- Make new friends or organise a group to play together
- All equipment supplied, parents

SIGN UP HOW TO GET YOUR MASTER BLASTERS PACK!













# Resilient Families:

Cultivating inner strength within our children

Dr John Irvine - Child and Family Psychologist & panel

## Dr John Irvine

Child & Family Psychologist

Dr John Irvine is one of Australia's most heard, seen and read child psychologist.

He has been a regular on many national TV shows, and heard across the country with his radio segment "Coping with kids".

Author of several well-known books including Who'd be a Parent, A Handbook for Happy Families, Helping Young Worriers Beat the Worry Bug and Thriving at School, Dr John is currently working with 10 Broken Bay Catholic schools supporting the Worry Woo's program which teaches social and

emotional skills.

"Academic learning is important but it won't happen without emotional wellbeing."

The evening will begin with a 45 minute presentation by Dr John Irvine.

A panel of experts including Jaye Bloffwitch, a Psychologist with the Catholic Schools Office, will then join Dr John to provide an opportunity for an interactive process providing families with information and strategies to develop their child's resilience.

Participants will have the opportunity to ask questions to the panel.

This is a FREE workshop for all parents & carers of primary and secondary students in our Broken Bay Diocese.

Learn more on the CSP website www.brokenbayparentcouncil.com

Wednesday 5 September 7 pm (doors open 6.30 pm)

Mackillop Catholic College, Sparks Rd, Warnervale

Book your seat now: www.trybooking.com/413917

This is a free workshop hosted by Broken Bay Catholic School Parents