

St Cecilia's Catholic School

Panonia Road, Wyong. 2259

Telephone: (02) 4353 2922

Fax: (02) 4353 2943

Email: scw@dbb.catholic.edu.au

Web: www.scwdbb.catholic.edu.au

5th March, 2019

Dear Parents,

Pastoral Care Team / Cheese and Chat Meeting

Our first Pastoral Care Team / Cheese and Chat Meeting is being held on Tuesday 5th March at 2pm. Everyone is welcome.

Wellbeing Week

This week is also wellbeing week and, as always, there will be no set homework. However, I would like to challenge your children to try something new this week. Something they have been interested to do or try.

Bunnings BBQ

To fundraise for the Year 6 Graduation the Year 6 parents will be running a Bunnings BBQ on Sunday 24th March. It would be appreciated if you could encourage family and friends to come along and buy a sausage to support the students.

Meeting with Teachers

At St Cecilia's we genuinely believe that the parent / school partnership is critical to your child's learning and communication is a key aspect of this. While we offer two parent / teacher interview weeks each year you are welcome and encouraged to meet with your child's teachers at other times throughout the year as required. Your child's teacher is always the first point of contact when you have any concerns. If you feel your concern hasn't been addressed or you need further support then you are welcome to make an appointment to meet with me.

Please make an appointment via your child's diary or the office. Teachers cannot leave their students to meet with you at the class door or on their way to the classroom. Often when parents approach teachers at these times they feel that they haven't been heard as the teacher's focus is on the students and not them. That is not the case at all, it is simply that the teachers' priority is the students and they cannot be left unattended or their learning impacted. Making an appointment ensures the teacher can be focused on the meeting.

Please use the following email address when you need to email for an appointment and your request will be directed to the class teacher, scw@dbb.catholic.edu.au

Services for your child

There are many occasions when parents may need to seek outside of school services for their child. Can we please ask that you talk with your child's teacher if you have concerns as these may also be evident in the classroom and we can offer support and information to the provider? We also know of many providers we would recommend. It is vital that we work together to support your child.

Online gaming and your child.

Online gaming is hugely popular with children. While it may be very entertaining for them, parents need to be aware of some of the issues that could arise whilst playing these games.

- * They can be addictive.
- * They may reduce the amount of physical activity or sleep that your child needs.
- * They can expose the players to inappropriate language, content and violence.
- * They have chat rooms that may expose players to offensive language, bullying or contact with online strangers.

Below is a quote about a game that is hugely popular at the moment from:

<https://www.commonsemmedia.org/blog/parents-ultimate-guide-to-fortnite>

“Is Fortnite appropriate for kids?

For some parents, the cartoonish, bloodless style of the action in Fortnite makes the violence less problematic than the aggressive gore in other popular shooter games. But the game's online chat feature -- especially in Battle Royale -- could expose younger players to offensive language or mature content from random strangers.

Common sense doesn't recommend games with open chat for kids under 13, but with the right controls and parental guidance, this can be a tween-friendly alternative to violent first-person shooters.”

Awards Assembly

The awards will be presented at afternoon assembly on Friday 15th March (Week 7) due to the cross country this Friday

Yours sincerely,

Mrs Yvette Owens
PRINCIPAL

From the REC

Learning In Religious Education

The students in Stage One are learning about how a community celebrates God's love. The students explored the question:

How do we know God loves us?

Beau S replied: God loves us because he protects us, is kind, respects us, cares for us.

When we make mistakes he still loves us!



Lent is the season of preparation for Easter. It starts on Ash Wednesday and ends on Easter, lasting for 40 days. We prepare for Easter by fasting, praying, asking for forgiveness and reaching out to others in need. We reflect on the sacrifices made by God and His only Son Jesus. Lent is a time for "spring cleaning" our lives while giving thanks to God and strengthening our relationship with Him.

During Lent our school community reaches out to others. We support Caritas Australia, a Catholic Organisation by raising money for the disadvantaged all across the world. Project Compassion boxes are placed within our classrooms and one will be in our Office foyer for donations.

Today the students enjoyed pancakes to mark Shrove Tuesday. Thank you to all of the families who donated a gold coin to support Caritas Australia.



Ash Wednesday Liturgy

We invite you to join us on Wednesday the 6th March, as we celebrate Ash Wednesday, the beginning of the Lenten season. A liturgy will be held in our school hall at 9am where St Peter's students will distribute ashes to our school community. We receive a sign of the cross on our foreheads from ashes (ashes from the blessed palms used on Palm Sunday). All are welcome!

Term 1 Upcoming Events

- Wednesday 6th March, **Ash Wednesday Liturgy**, St Cecilia's Hall at 9am
- Sunday 10th March, **Kinder & Year 6 Buddies Mass**, St Cecilia's Church at 9:30am
- Tuesday 12th March, **Year 5 Mass**, St Cecilia's Church at 9:15am
- Tuesday 19th March, **St Joseph's Liturgy**, St Cecilia's Assembly Area at 8:45am
- Friday 29th March, **Walking the Way Parent Session and Resilience Workshop**, St Cecilia's Hall at 9am
- Week 11, **Holy Week Celebrations**

2019 Sacramental Dates

Sacrament of Confirmation

This year the Confirmation ceremony will be celebrated on **Friday 31st May and Saturday 1st June**. The children are required to attend two masses leading up to this date. The weekend masses are on the **6th/7th April (registration after mass) and the 18th/19th May**. The children will receive instruction during Religious Education classes at school.

Invitation to parents/carers to attend an information night on **Tuesday 2nd April, 7 pm** at St John Fisher Hicks Lane, Tumbi Umbi. Please register your attendance at office@wyongcatholicparish.com.

Parish Mass Times for St Cecilia's Parish

St Cecilia's Wyong

Saturday Vigil 5pm

Sunday 7.30am and 9.30am

St John Fisher, Tumbi Umbi

Saturday Vigil 5pm

Sunday 8.30am & 5pm

God Bless

Jamie Dowling

Religious Education Coordinator

School News

Linen Roster Term 1

Week 6	Kyly Slattery
Week 7	Julia Webster
Week 8	Amy Martin
Week 9	Kristy Clouten
Week 10	Kyly Slattery
Week 11	Carolina Saenz

Uniform Shop

The Uniform Shop, located next to the Multipurpose Room, is opened on **Monday and Friday mornings from 8.45am-9.15am** and now **Friday afternoons from 2.45pm-3.15pm** as well. Thank you to our parent volunteers who help keep the uniform shop running efficiently.

The uniform shop has lots of winter pinafore skirts but no top pieces. If you have any pinafores or uniform items which your children have grown out of, the uniform shop would greatly appreciate your donation.

Issue 2 of Book Club will close on the 16th March

From the FLO

Dear Parents,

Central Coast Wetlands Pioneer Dairy Well-Being Walk

As part of Well Being Week parents / carers, grandparents and friends are invited to join me after the morning assembly on Friday 15th March to visit this beautiful area where we can have a walk and take some time out for ourselves. The management of the Pioneer Dairy are happy to open the area by appointment during weekdays for groups. This is a wonderful opportunity for our new families to meet others. So grab your hat, walking shoes, sunscreen, morning tea and water and join us. Younger children very welcome.

If you are interested in attending, please email me on bernadette.daniel@dbb.catholic.edu.au

Harmony Day Thursday 21st March at 9am

Last year for Harmony Day, we had a mini expo where we invited parents from different cultures to each set up a display table in the hall on their country of origin. It was delightful to see the response and interaction of the students and parents when viewing the displays.

This year we would like to do a similar morning and hopefully on a bigger scale. I have spoken to a few parents who are very interested and if you would like to also be part of the day, please let me know.

Resilience Workshop and Parent Reflection Morning Friday 29th March at 9am

All parents are invited to attend this valuable workshop to assist your child / children in becoming more resilient. These are skills that can help empower our children.

We will also be combining this workshop with our parent reflection morning. More information and details will be forwarded soon.

Life is extremely busy for parents. Take some time this week to access your own well-being and maybe formulate a plan to take time out for you.

**Mrs Bernadette Daniel
Family Liaison Officer**

Canteen News

QKR! Issues

Some parents have been experiencing difficulty completing their lunch orders via Qkr! during peak periods on canteen days (7am to 8.30am) due to the site being very busy. Orders can be placed up to 2 weeks ahead and most definitely the night before canteen days.

If your child is sick and has a lunch order, refunds can be given as long as canteen is notified before recess. If the lunch order is produced because no notice is given, then no refund will be issued. Refunds are sent home as cash.

New Product/Drinks

Raspberry Sports water will be phased out over the next few weeks (Lemonade Sports Water is no longer available). New drink to be announced.....

Term 1 Healthy Summer Meal Deal 2019

Egg and Chicken Salad Bowl.

What came first? The chicken or the egg? Who cares?

You can have both in our Healthy Summer Meal Deal for Term 1.

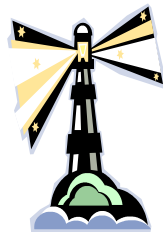
A small salad bowl with hardboiled egg and 3 chicken crackles, it's packed with nutrition being 80% plant based and boosted with a good hit of protein in the egg and chicken. Super healthy but light, this meal deal is the perfect summer lunch for growing kids.

Only available for this term via Qkr! online orders.



CANTEEN CLOSED THIS FRIDAY 8TH MARCH DUE TO SCHOOL CROSS COUNTRY

Awards and Acknowledgements



Congratulations to the following students for their achievements

Academic Achievement

Kinder Blue	Amalia M	Kinder Gold	Isabella S
1 Gold	Hosanna A	1/2 Blue	Kenzi G
2 Gold	Callum H	3 Blue	Charlise B
3/4 Gold	Bethany P	4 Blue	Ella T
5 Blue	William B	5 Gold	Teesha D
6 Blue	Ethan M	6 Gold	Bryce B
Dance	Delta R 5B	Japanese	Oliver A 2G

Personal Best

Kinder Blue	Leon I	Kinder Gold	Duncan C
1 Gold	Charlotte M	1/2 Blue	Caleb C
2 Gold	Zavier W	3 Blue	Grace C
3/4 Gold	Isaac L	4 Blue	Sachin A
5 Blue	Shelby W	5 Gold	Gabrielle C
6 Blue	Georgie L	6 Gold	Skyla L
Dance	Aiden R 5B	Japanese	Beau S 2G
Library	Pippa S 5G	Library	Emma W 5B

PBL Award

Kinder Blue	Taylor G	Kinder Gold	James D
1 Gold	Will C	1/2 Blue	Oliver L
2 Gold	Abdur Rehman J	3 Blue	Isabelle R
3/4 Gold	Mikayla A	4 Blue	Kaylee C
5 Blue	Emily C	5 Gold	Bodhi T
6 Blue	Claudia O	6 Gold	Ruby T
Dance	Bodhi T 5G	Japanese	Toby R 2G

The above awards will be presented at afternoon assembly on Friday 15th March (Week 7) due to the cross country this Friday