



# Parent Education Program

Catholic Schools Office Diocese of Broken Bay – Parent Education Team

## 1-2-3 Magic Workshop

Building Emotional Intelligence & managing behaviour  
*Program consists of three, 2 hour sessions, working through a parent resource booklet*

The program supports parents and caregivers with effective strategies to help their children self-regulate and manage their emotions and behaviour. Children who have developed social and emotional skills find it easier to manage themselves, relate to others, resolve conflict, and feel positive about the world around them.



**Date: 14th, 21st and 28th June**

**Time: 9am-11am**

**Venue: St. Cecilia's Primary School Library**

**RSVP:** Please return the slip to the office or email by **10th June**  
**[scw@dbb.catholic.edu.au](mailto:scw@dbb.catholic.edu.au)**

**YES** I will be attending the 1-2-3 Magic Workshop **14<sup>th</sup>, 21st and 28th June**

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Name(s)

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Child's Class