

# St Cecilia's Catholic School

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10<sup>th</sup> September, 2019

Dear Parents,

## **St Vincent de Paul cereal and milk appeal – Thank you!!!!**

Yesterday we put out a call for cereal and long life milk to our community for the St Vincent de Paul Community Centre. They were in urgent need and asked if our community could help. We were reluctant to ask you yet again to assist however the call was urgent so we did. Again we are overwhelmed by the generosity of our families. The response on the first day was incredible. It was far more than even we, who know the generosity of our community, could imagine!

A huge thank you to everyone who was able to donate! We will continue to collect whatever you feel you are able to send in until Friday.

These are some of the donations we received



## **Rain Jackets**

The supplier of the rain jackets is extremely apologetic regarding the quality of the school crest. There was a mistake made during production resulting in the crest peeling off the jacket. The company is going to remove the crest and reapply a new one which will not peel off. To do this we are asking for all families to return their jackets by Monday of week 10, 23<sup>rd</sup> September. The children can continue to wear the jackets for the next two weeks while the weather is still cool. They will be returned to school by the beginning of next term.

Jackets that have not yet been received will be inspected to ensure quality and also delivered at the beginning of next term.

We are really sorry for any inconvenience and believe this is a genuine error which will not be repeated.

## **Compass Message**

Yesterday, some of you would have received an email from me via Compass. This system generated email is to notify you of any unexplained absences your child/ren may have. This is the first time the email has gone out but will be an ongoing part of Compass. There are two links on the email; the first takes you to your child's dashboard so that you can fill in the reason for the absence and the second give you further information. You will only receive this email if your child has UNEXPLAINED absences. Thank you for your support in this.

## **Oval update**

As we know, the oval is currently undergoing repair. I thought I would share with you the progress. We are very excited to have the oval ready for the children to really run!! I will put an after photo in the Update next week.



**Before**



**During**

## **School Uniform**

Given the weather changes from day to day the children are allowed to wear either their summer or winter uniform from now until the end of the term. You and your child can choose which uniform to wear but please remember they must wear either their FULL Summer or FULL winter uniform and not a combination of both. Thank you for your assistance in ensuring your children are wearing our beautiful uniform so well.

## **Lunchbox options**

As your children eat their morning tea and lunch they are supervised for their safety. During this time the teachers often notice the foods your children are eating. At times the contents of the lunchbox are not conducive to healthy eating which has a direct effect on their ability to learn. As parents, we completely understand the battles you go through to get your children to eat the healthy options. Perhaps you could work out a compromise with your children so they have a balance of healthy food with 'sometimes foods'. This was an ongoing battle with my girls growing up and one I know is difficult!

*"Research indicates that eating well and being active are critical to children's health and wellbeing in both the short and long term. They also have a direct impact on children's performance at school."*

*The school day is busy, filled with learning, concentration and physical activity. Food is fuel for our bodies and healthy food provides your child with energy and nutrients to get them through the day" (Department of Education)*

*"Research has shown that **students** are able to learn better when they're well nourished, and **eating healthy meals** has been linked to higher grades, better memory and alertness, and faster information processing" (Options For Youth)*

This is the link to the Options for Youth website which has suggestions for healthy lunchboxes.

<https://ofy.org/blog/the-importance-of-eating-healthy-for-students/>

## **An urgent reminder for parents and third party contractors**

### **Kirra Prendergast (Safe on Social Media)**

*“Cyber Safety sessions are often structured around how you can help your child, and what a child should not be doing on social media. However, this is about you.*

*Sharing photos or video content filmed onsite at school or a school event on social media may cause serious privacy issues for other students.*

*Parents and third-party contractors are not authorised to use such images unless specific permissions are signed by the parents of each child appearing on that party’s social media accounts.*

*Allowing third parties to use images of children to promote their business on social media is rarely included in media release documentation provided to parents and signed each year (or in some cases only when first enrolled).*

*This is not the decision of the school to say it is ok unless parents have signed off on what is advertising using their child’s image. This may become a duty of care issue for a school.*

*In the eyes of the law, a school is considered a private place, and the Principal is regarded as the manager of that private place. When a media release document is signed, and in place, Students, Parents, and Third-Party contractors need the express permission of a Principal before publishing any photos taken onsite at the school, or just outside the school, in uniform, on excursions, etc. This includes posting on social media and why there is “no publish” lists in most schools.*

*Students also need to be continuously reminded that taking photos of their friends at school and posting them to Snapchat, Instagram etc. is publishing without the consent and can cause issues from a duty of care perspective if the photo is taken wearing school uniform, onsite at the school, tagged into the school or on an excursion. Students often do not understand the importance of privacy as in many cases; they have never had it with everything since their first ultrasound photo published on social media by their parents.*

*We were recently made aware of a case where a child who was relocated with their family in a witness protection program was photographed at their new school by a parent during assembly and published on a community social media page. Custody issues, DV, etc. also need to be considered.*

*Most schools are fine with you taking photos up close of your child only, but please be aware that you do not know what is happening in the lives of the children in the background.”*

Yours sincerely,

**Mrs Yvette Owens**  
**PRINCIPAL**



## *From the REC*

### **Learning Scripture In The Year 2 Gold Classroom**

The students in 2 Gold have been exploring what proclaiming God's word looks like in our community. The students prayed, explored and discussed the message in Matthew 6: 25-29:

#### **Do Not Worry**

**25** "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?

**26** Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? **27** Can any one of you by worrying add a single hour to your life]?

**28** "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. **29** Yet I tell you that not even Solomon in all his splendor was dressed like one of these.

As a class, the students delved deep into the message of the scripture through lectio divina and learning conversations. The students discovered that worries are a normal and unavoidable aspect of life. However, They also discovered that we have a powerful God to depend on. The same creator of the world, the one who dresses the lilies of the field, the one who feeds the birds, this same God hears when we call out in prayer to him. Our God is faithful! What a powerful message to proclaim!

The students agreed that this was a message worth sharing. They explored and evaluated different ways to share this message with our school community. It was agreed that the location of our classroom and a wall of windows facing the assembly area was the perfect platform.

The students chose visual art as a natural form of expression and communication. Diligently and collaboratively they set about creating colourful images to support the beauty found in God's word. Some students used technology to find images they wanted to create whilst others roamed the school grounds looking for inspiration in their immediate natural surroundings.

**Lasting message from 2G: Worries are a part of life BUT we have a faithful God. We don't have to do it alone. Hand your worries over to God in prayer!**



## Father's Day Liturgy

Thank you to the Year 5 students and teachers who prepared and lead our Father's Day Liturgy. It was a beautiful celebration where the Dads, Pops, special carers and children could pray together as a school community.





## Thank You to Our Special Dads, Pops And Carers







## Eucharist Sacrament 2019

Children will receive the Sacrament of First Eucharist at Mass over the Weekends of 14<sup>th</sup>/15<sup>th</sup> and 21<sup>st</sup>/22<sup>nd</sup> September.



### Upcoming Celebrations

#### Term 4 Dates

- Monday, the 2nd of December, *Andrew Chin and Student Christmas Concert at 6:30pm*
- Monday, the 9th of December, *End of Year Mass at 10am*
- Wednesday, the 11th of December, *Year 6 Graduation Mass at 5pm*

### 2019 Sacramental Program

The sacraments, instituted by Christ and entrusted to the Church, are effective signs of grace perceptible to the senses. Through them divine life is presented to us. There are seven sacraments: Baptism, **Confirmation**, **Eucharist**, **Reconciliation**, Anointing of the Sick, Holy Orders, and Matrimony (Catechism of the Catholic Church 1113-1131). **Sacraments are ongoing symbols of God's care for all of us.**

Sacrament	Year Celebrated	Ceremony Dates
Confirmation	Typically Year 2 Students	This sacrament was celebrated on <b>Friday, the 24th of May and Saturday, the 25th of May.</b>
Reconciliation	Typically Year 3 Students	This sacrament was celebrated on <b>Tuesday, the 6th of August.</b>
Eucharist	Typically Year 3 Students	The children will receive the Sacrament of First Eucharist at Mass over the weekends of <b>14<sup>th</sup>/15<sup>th</sup> and 21<sup>st</sup>/22<sup>nd</sup> September.</b>

For further information or enquires about the sacramental program please contact Jo Helm at the St Cecilia's Parish Office on 0424 763 734.

### Parish Mass Times for St Cecilia's Parish

#### St Cecilia's Wyong

Saturday Vigil 5pm  
Sunday 7.30am and 9.30am

#### St John Fisher, Tumbi Umbi

Saturday Vigil 5pm  
Sunday 8.30am & 5pm

God Bless

*Mrs Jamie Dowling*

**Religious Education Coordinator**



## ***School News***

### ***Linen Roster Term 3***

<b>Week 8</b>	<b>Kristy Clouten</b>
<b>Week 9</b>	<b>Kyly Slattery</b>
<b>Week 10</b>	<b>Carolina Saenz</b>

## ***From the FLO***

Recently, along with other nervous parents, I attended the "What Is Happening in Mathematics in the Classroom" presentation by Mrs Bernadette Taylor. The session proved to be fun-filled and enjoyable yet gave us all a greater understanding of how the children are learning and are being taught lifelong skills in Mathematics.

Success at school goes hand in hand with good attendance. Did you know that being ten minutes late each day for school can lead up to six days missed a year or missing two days of school each month means over one entire year of missed learning in your child's life?

The following are **tips** to support your child's attendance at school. Feel free to discuss with me.

**Develop good routines**

**Be consistent**

**Always follow through**

**Don't take things personally**

**Be Positive**

**Be firm**

**Don't get into arguments**

**Build your child's problem solving skills**

**Develop incentive programs**

I am constantly impressed by your children's good behaviour and manners whether it is in an assembly, at the canteen, in the playground or at the school gate. I continually remind myself of the privilege to be part of this wonderful school community.

Have a lovely week,

**Mrs Bernadette Daniel**  
**Family Liaison Officer**

## ***Canteen News***

### **Product News**

Gluten Free Chicken Nuggets are still out of stock until further notice due to factory closures at Ingham's Chicken.

### **Term 3 and 4 Canteen Days**

Last day of canteen for Term 3 will be Friday 27<sup>th</sup> September.

First day of canteen for Term 4 will be Wednesday 16<sup>th</sup> October.

Stay tuned for the new Summer Menu to be released for Term 4.

### **Volunteer News/Reminders**

Thank you to all our hard working canteen volunteers. When helping in the canteen, could you please remember to report to the school office and sign in through Compass before starting.

As a thank you for your help, canteen volunteers are entitled to morning tea and lunch which includes one drink e.g. juice, flavoured milk or bottled water. Extra drinks may be purchased if needed, and volunteers are also welcome to unlimited tea or coffee.

**Catherine Berry**  
**Canteen Manager**

# Awards and Acknowledgements



*Congratulations to the following students for their achievements*

## *Academic Achievement*

<b>Kinder Blue</b>	Brody W	<b>Kinder Gold</b>	Lucas R
<b>1 Gold</b>	Koby S	<b>1/2 Blue</b>	Hartley R
<b>2 Gold</b>	Imogen V	<b>3 Blue</b>	Grace C
<b>3/4 Gold</b>	Hayley	<b>4 Blue</b>	Holly M
<b>5 Blue</b>	Chelsea A	<b>5 Gold</b>	Abigail W
<b>6 Blue</b>	Noah J	<b>6 Gold</b>	Stella C
<b>Music</b>	Summer H 3/4G	<b>Japanese</b>	Hayley C 6B

## *Personal Best*

<b>Kinder Blue</b>	Skye P	<b>Kinder Gold</b>	Bowen N
<b>1 Gold</b>	Nehemiah R	<b>1 / 2 Blue</b>	Abigail S
<b>2 Gold</b>	Zavier W	<b>3 Blue</b>	Lucas E
<b>3/4 Gold</b>	Lachlan H	<b>4 Blue</b>	Eloise E
<b>5 Blue</b>	Chloe S	<b>5 Gold</b>	Kaleigh C
<b>6 Blue</b>	Indi A	<b>6 Gold</b>	Kiarna J
<b>Music</b>	Ella T 4B	<b>Japanese</b>	Hayley M 3/4G
<b>Library</b>	Teanna F 6B	<b>Library</b>	Ruby T 6G

## *PBL Award*

<b>Kinder Blue</b>	Lincoln B	<b>Kinder Gold</b>	River D
<b>1 Gold</b>	Samantha W	<b>1 / 2 Blue</b>	Luke K
<b>2 Gold</b>	Alison W	<b>3 Blue</b>	Charlise B
<b>3/4 Gold</b>	Megan W	<b>4 Blue</b>	Sachin A
<b>5 Blue</b>	Brady M	<b>5 Gold</b>	Pippa S
<b>6 Blue</b>	Lily B	<b>6 Gold</b>	Zachary M
<b>Music</b>	Kyra H 4B	<b>Japanese</b>	Jacob B 6G



OFFICE OF SPORT




## Spring School Holiday Activities

Get the kids active for the winter school holidays with one of our exciting activities on the Central Coast!

Activity / Location	Dates	Time	Cost
Archery (indoor) – Gosford	30 September or 8 October	12pm – 2pm	\$20
Gymnastics (indoor – 2-day) - Tuggerah	1-2 October or 8-9 October	12pm – 2pm	\$30
Parkour (indoor) - Tuggerah	1 October or 8 October	2pm – 4pm	\$20
Sailing – (3-day) – Gosford	2, 3 & 4 October or 9, 10 & 11 October	9:30am – 3:30pm	\$195
Surfing – (3-day – Avoca Beach	2, 3 & 4 October or 9, 10 & 11 October	3pm – 4:30pm	\$95
Surfing – (3-day) – Umina Beach	2, 3 & 4 October or 9, 10 & 11 October	10am – 11:30am	\$95
Tennis (3-day) – Gosford	1, 2 & 3 October or 8, 9 & 10 October	9am – 3pm	\$140

### Book online or call the numbers below:

 Central Coast Regional Office  
C/- Ourimbah Campus,  
Brush Road, Ourimbah 2258

 [sport.nsw.gov.au/events](http://sport.nsw.gov.au/events) &  
then search by Central  
Coast Region

 02 4348 6700 or 13 13 02

