

# St Cecilia's Catholic School

Panonia Road, Wyong. 2259

Telephone: (02) 4353 2922

Fax: (02) 4353 2943

Email: [scw@dbb.catholic.edu.au](mailto:scw@dbb.catholic.edu.au)

Web: [www.scwdbb.catholic.edu.au](http://www.scwdbb.catholic.edu.au)

3<sup>rd</sup> March, 2020

Dear Parents,

## **Wellbeing Week**

This week is wellbeing week and, as always, there will be no set homework. However, I would like to encourage you to challenge your child to move outside their comfort zone and do something different. It might be trying a new food or a new activity. I hope you all have a lovely week, spending quality time as a family.

## **Mosquitoes**

Another hazard of the flood is the number of mosquitoes that are around. While we can't spray your child with insect repellent or apply Stingoes it may be beneficial for you to do so before your child comes to school. If your child brings Stingoes to school can you please remind them that they are not able to share it with other children without that child's parent permission.

## **Uniform Shop**

Due to the flooding of the uniform shop, all second-hand items of clothing have had to be discarded due to health reasons. As we are now in need of replenishing our stock, if any parents have items of the school uniform they don't need anymore, please consider donating them to the uniform shop.

## **Parking in the local area**

Please remember to respect our neighbours by not parking across or close to their driveways. There have been issues with this in the past couple of weeks, particularly in Marathon street, and our neighbours are quite upset. Our neighbours are important for the security of our school and we need them to be supportive of us.

## **Cross Country**

The School Cross Country is on this Friday, 6th March. The Cross Country was scheduled to take place at the Racecourse but, unfortunately, they had to cancel us due to works that are taking place. For this reason, we have had to change the venue to Baker Park. As there is very little shade at Baker Park we will take the children up in grade groups so they are only there for their run. The timetable for the day is listed below. We would love to have as many parent helpers as possible on the day. If you are able to help could you please contact Mr Lynch via email, [scw@dbb.catholic.edu.au](mailto:scw@dbb.catholic.edu.au)

## **Cross Country Timetable**

Teachers will walk their class to the venue for their race. Juniors (8yrs, 9yrs and 10yrs) will walk to Baker Park together after morning assembly, while the 11yrs and 12yrs will walk up after recess.

Timetable:

9:30am – 8yr olds

9:50am – 9yr olds

10:10am – 10yr olds

Normal recess at school – Canteen to run as normal

11:30am – 11yr olds

11:50am – 12yr olds

## **Online gaming and your child.**

Online gaming is hugely popular with children and is becoming more so with even younger children. While it may be very entertaining for them, parents need to be aware of some of the issues that could arise whilst playing these games.

- \* They can be addictive.
- \* They may reduce the amount of physical activity or sleep that your child needs.
- \* They can expose the players to inappropriate language, content and violence.
- \* They have chat rooms that may expose players to offensive language, bullying or contact with online strangers.

Below is a quote about a game that is hugely popular at the moment from:

<https://www.common sense media.org/blog/parents-ultimate-guide-to-fortnite>

“Is Fortnite appropriate for kids?

For some parents, the cartoonish, bloodless style of the action in Fortnite makes the violence less problematic than the aggressive gore in other popular shooter games. But the game's online chat feature -- especially in Battle Royale -- could expose younger players to offensive language or mature content from random strangers.

Common sense doesn't recommend games with open chat for kids under 13, but with the right controls and parental guidance, this can be a tween-friendly alternative to violent first-person shooters.”

Yours sincerely,

Mrs Yvette Owens  
PRINCIPAL

## ***From the REC***

### **Shrove Tuesday**

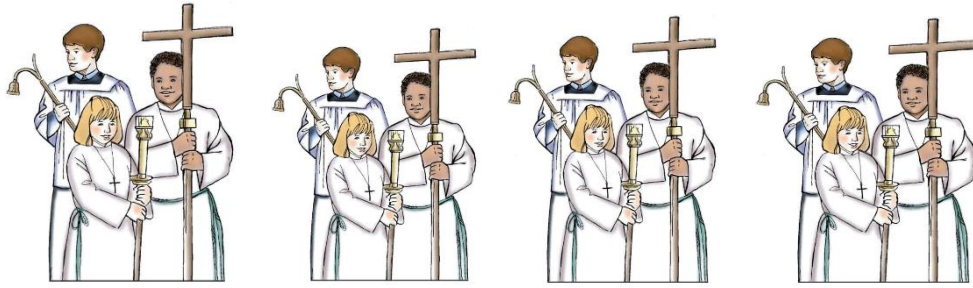
As a school community, we celebrated Shrove Tuesday by making and selling pancakes. Thank you to all of the families who made a donation to support Caritas Australia. We raised \$305! This money will assist those most vulnerable to extreme poverty and injustice all over the world.



### **Opening School & Ash Wednesday Mass**

Last week we celebrated our opening School and Ash Wednesday Mass. Thank you to Father Raul for celebrating the Mass and to the St Peter's students who assisted with the distribution of ashes.



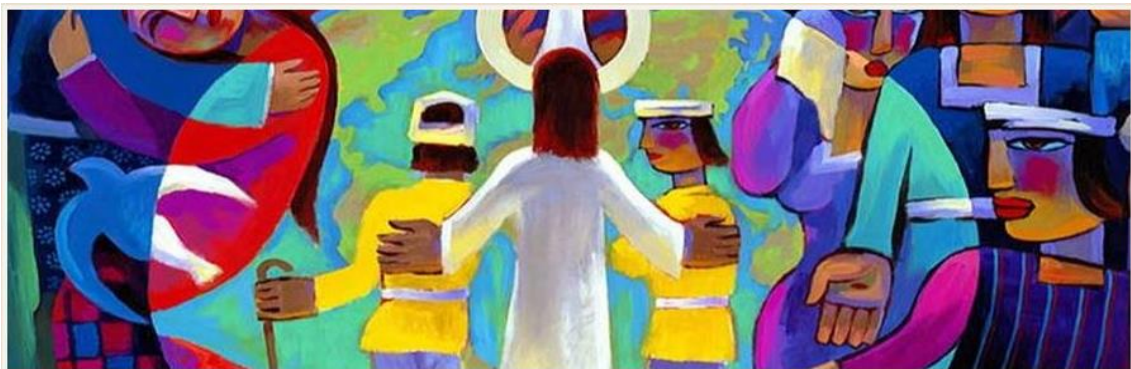


### **Altar Servers**

Congratulations to the following students who participated in our annual altar service training: Kaylee, Isabella, Charlotte, Nasiah, Charli and Lorenzo. Thank you for volunteering your time to be part of an important service group for both our school and church communities.



### **Walking The Way Parent Invitation**



**On Thursday, the 5th of March Jo Speck from the Catholic Schools Office will be leading a beautiful Walking the Way Parent Session.**

**All are welcome to attend at 9:00am in the library. Bernadette will be making cake for the occasion and childcare will be available on request.**

### Term 1 Upcoming Events

- Thursday, the 5th of March, **Walking the Way Parent Session**, St Cecilia’s Library at 9am
- Saturday, the 7th of March, **Kinder & Year 6 Buddies Mass**, St Cecilia’s Church at 5pm
- Thursday, the 19th of March, **St Joseph’s Liturgy**, St Cecilia’s Assembly Area at 8:45am
- Wednesday, the 8th of April, **Holy Week Celebrations**, St Cecilia’s Infants Playground at 9am



### 2020 Sacramental Program

The sacraments, instituted by Christ and entrusted to the Church, are effective signs of grace perceptible to the senses. Through them divine life is presented to us. There are seven sacraments: Baptism, **Confirmation**, **Eucharist**, **Reconciliation**, Anointing of the Sick, Holy Orders, and Matrimony (Catechism of the Catholic Church 1113-1131). **Sacraments are ongoing symbols of God's care for all of us.** At St Cecilia’s the children have the opportunity to receive the following sacraments:

Sacrament	Year Celebrated	Ceremony Dates (Times are yet to be confirmed)
Confirmation	Typically Year 2 Students	TBC
Reconciliation	Typically Year 3 Students	Tuesday, 30th of June at St Cecilia’s Church
Eucharist	Typically Year 3 Students	12th & 13th September at St Cecilia’s Church 19th & 20th September at St Cecilia’s Church

For further information or enquiries about the sacramental program please contact Jo Helm at the St Cecilia’s Parish Office on 0424 763 734.

### Parish Mass Times for St Cecilia’s Parish

**St Cecilia’s Wyong**  
Saturday Vigil 5pm  
Sunday 7.30am and 9.30am

**St John Fisher, Tumbi Umbi**  
Saturday Vigil 5pm  
Sunday 8.30am & 5pm

God Bless  
Mrs Jamie Dowling  
**Religious Education Coordinator**

## ***School News***

### **Linen Roster**

#### **Term 1**

<b>Week 6</b>	<b>Julia Webster</b>
<b>Week 7</b>	<b>Amy Martin</b>
<b>Week 8</b>	<b>Kristy Clouten</b>
<b>Week 9</b>	<b>Kyly Slattery</b>
<b>Week 10</b>	<b>Sarah Reynolds</b>
<b>Week 11</b>	<b>Volunteer needed</b>

### **Head Lice**

We have had some reported cases of head lice at school recently. Can you please check your children's hair and treat if necessary. The following information is from Health Direct.

#### ***Head lice treatment***

Treating head lice involves the removal of head lice and nits from the hair by either using the conditioner and comb method, or chemical treatments.

The conditioner and comb method involves the use of conditioner and a special metal fine-toothed nit comb. The conditioner briefly stuns the lice making it easier for the nit comb to trap and remove the lice and nits.

If you decide to use a chemical, it is important that you follow the instructions closely that come with it. 2 to 3 chemical treatments with a week in between each should remove living lice. No single chemical treatment will work for everyone. A nit comb can be used to look for any signs of living lice.

For further information you can visit <https://www.healthdirect.gov.au/head-lice>

#### **At the Beach Wyong Early Learning Centre**

At the Beach Wyong previously known as Young Academics we promote a flourishing curriculum that supports children's diverse needs and interests. We collaborate with families and incorporate our local community into our daily curriculum through providing extra curricular activities such as Happy feet and a Free karate program.

We provide 5 meals a day which are approved by a dietician and nutritionist.

We are open from 7am-6pm and cater for children 6 weeks-6 years and are located in the old Wyong courthouse building and would love to invite you for a tour.

Address: 17 Alison Road, Wyong

Phone number: 0475 455 456

Email: [director.wyong@thebeachearlylearningcentre.com.au](mailto:director.wyong@thebeachearlylearningcentre.com.au)

Centre Director - Ashleigh Williamson

## ***From the FLO***

Dear Parents,

### **Wellbeing Week**

If we do not fill our cars with petrol they will not run. As parents /carers our lives are so busy and often there is very little time for ourselves so this week endeavour to do something nice for YOU. Our Parent Reflection morning is on this Thursday and is a lovely way to relax, share your thoughts, meet friends and enjoy morning tea.

### **Wellbeing Walk 13<sup>th</sup> March 9am**

Due to popularity it has been requested to return to Pioneer Dairy for a walk and morning tea after the morning assembly on Friday 13<sup>th</sup> March. The area is fairly flat and suitable for prams and strollers so all parents/carers are invited to join us, particularly our new families. It is lovely to take some time out for yourself, relax and meet others. So put on your walking shoes, sunscreen, hat and bring your water bottle and morning tea.

It goes without saying that we love our children but at times we dislike their behaviour. Read the following article by Michael Grose with suggested reasons why and valuable tips to help.

[www.parentingideas.com.au/blog/when-you-love-but-dont-like-your-child/](http://www.parentingideas.com.au/blog/when-you-love-but-dont-like-your-child/)

### **Parent Room**

The Parent Room is open on Tuesday and Friday mornings after assembly. Join me for a cuppa and a chat, meet new friends and maybe borrow a book from our parent library.

Have a lovely week and remember, do something nice for yourself!

**Mrs Bernadette Daniel**  
**Family Liaison Officer**

## ***Canteen News***

### **Cross Country Friday 6<sup>th</sup> March**

With the school Cross Country being held at Baker Park, canteen will still be open for recess and lunch as per usual including Qkr! online lunch orders.

### **Pizza**

Due to supplier issues, delivery and consistency of pizza varieties is very unreliable at the moment.

The Qkr! online APP will reflect what is currently available, but this may change week to week. Apologies for any inconvenience.

**Mrs Catherine Berry**  
**Canteen Manager**



# Awards and Acknowledgements



*Congratulations to the following students for their achievements*

## *Academic Achievement*

<b>Kinder Gold</b>	Ciara H	<b>Kinder Blue</b>	Kyra R
<b>1 Gold</b>	Zali M	<b>1/2 Blue</b>	Charlotte M
<b>1/2 Gold</b>	Axle B	<b>3/4 Blue</b>	Abdur Rehman J
<b>3/4 Gold</b>	Cameron B	<b>3/4 White</b>	Logan H
<b>5 Blue</b>	Hayley R	<b>5 Gold</b>	Ella T
<b>6 Blue</b>	Abigail W	<b>6 Gold</b>	Chloe S
<b>Dance</b>	Charlotte L 3/4W	<b>Japanese</b>	Lincoln G 3/4W

## *Personal Best*

<b>Kinder Gold</b>	Cooper K	<b>Kinder Blue</b>	Harry L
<b>1 Gold</b>	Grace B	<b>1/2 Blue</b>	Alisha P
<b>1/2 Gold</b>	Lilian N	<b>3/4 Blue</b>	Tahlia M
<b>3/4 Gold</b>	Hallie E	<b>3/4 White</b>	Indi G
<b>5 Blue</b>	Jaedyn P	<b>5 Gold</b>	Ethan W
<b>6 Blue</b>	Charlotte L	<b>6 Gold</b>	Hayley A
<b>Dance</b>	Troy L 3/4G	<b>Japanese</b>	Kyra H 5B
<b>Library</b>	Kaitlyn O 3/4B	<b>Library</b>	Rory W 3/4W

## *PBL Award*

<b>Kinder Gold</b>	Lara S	<b>Kinder Blue</b>	Malachi E
<b>1 Gold</b>	Nicholas G	<b>1/2 Blue</b>	Kody W
<b>1/2 Gold</b>	Zachary T	<b>3/4 Blue</b>	Dean H
<b>3/4 Gold</b>	Riley S	<b>3/4 White</b>	Lucas B
<b>5 Blue</b>	Luke G	<b>5 Gold</b>	Kaylee C
<b>6 Blue</b>	Tamara A	<b>6 Gold</b>	William B
<b>Dance</b>	Sienna C 3/4B	<b>Japanese</b>	Emma W 6G



# Principal's Light of Learning Award



## **Kinder Blue: Taj S**

*For being a kind and helpful member of Kinder Blue. Taj makes our classroom a happy place. Thank you Taj*

## **Kinder Gold: Bonnie B**

*For her positive attitude and application to learning and being a kind friend who makes everyone feel welcome*

## **1 Gold: Bowen N**

*For being a fun, caring and responsible member of 1 Gold. You have had a fantastic start to 2020*

## **1/2 Blue: Sophia L**

*For trying her best with all learning and helping others in the classroom*

## **1/2 Gold: Oliver L**

*For being a kind friend, a leader in the classroom and constantly displaying Christian values*

## **3/4 Blue: Linh P**

*For her enthusiastic approach to learning and her positive attitude towards peers*

## **3/4 Gold: Zarli H**

*For always including others*

## **3/4 White: Aaliah L**

*For being a kind and considerate friend to her classmates. You are a true disciple of Jesus*

## **5 Blue: Hunter V**

*For being a kind and caring class member who has a positive attitude to learning because of his growth mindset*

## **5 Gold: Cooper H**

*For using his time effectively and always striving to do his best. Cooper includes others and is developing great friendship skills*

## **6 Blue: Natalie C**

*For being a kind and compassionate friend. You show great leadership by setting a great example for the rest of the school*

## **6 Gold: Chelsea A**

*For the positive and friendly way she interacts with her peers and teachers.  
Thank you Chelsea*



# Aboriginal cultural walk

Mini pilgrimage - Bulgandry Aboriginal site  
Guided by David Ella - Aboriginal Education Officer  
RSVP by [clicking this link](#) to reserve your spot!

This amazing site is protected by a wooden walkway permitting easy access to the site. Bulgandry is the name given to the ancestral hero depicted at the site. Bulgandry is wearing a ceremonial headdress holding a circular object in one hand. Everyone is welcome to come along and together experience local Aboriginal spirituality and the connection with our Catholic traditions. We will finish with a communal BBQ at Somersby Falls.

**Date:** Thursday April 2<sup>nd</sup>  
**Time:** 10am – 2pm  
**Where we meet:** The car park at Bulgandry engraving site on Woy Woy Road, Kariong.