



St Cecilia's Catholic Primary School
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25th August, 2021

Dear Parents,

As we approach the end of our 9th week of lockdown, unfortunately the numbers still remain high and it remains uncertain on the Central Coast what the extended lockdown will look like for us, considering we are now classified 'regional'. Please know that once I receive any information from CSNSW and NSWDET, about the potential of schools reopening, the staff and parents will be the first to be informed.

WELLBEING INITIATIVES

As lockdown takes away much of the variety in our weekly contexts and we ride through the motions of Groundhog Day, looking ahead, the staff have planned some varied whole school Wellbeing activities for our children to look forward to and participate in the upcoming weeks.

Week 7	Book Week Zoom Parade
Week 8	Dad Joke Competition - students submit a joke. There will be a prize for the worst jokes. Start - RHS eChallenge run/walk around Australia to win prizes for our school. The school is registered so please log the distances you have run or walked.
Week 9	Final week of - RHS eChallenge run/walk around Australia, share your videos
Week 10	Zoom School Dance Party. 11:30AM: K - 2, 12:00: 3 - 4, 12:30PM: 5 - 6 (Zoom links and slide coming!)

We acknowledge that having a routine – especially a morning one, which sets you up for a successful day – is important during lockdown. Your personal rituals are crucial for daily structure, however mixing up these routines and balancing them with variety should hold equal importance. Now that our range of contexts are severely limited, research shows it is harder for our brains to properly encode memories, which in turn can impact on our everyday memory. Therefore, we hope you join us and enjoy taking part in some of the activities listed above.

BOOK WEEK EVENTS THIS WEEK - *Old Worlds, New Worlds, Other Worlds*

A special mention to Mrs Cumming and all the staff for taking the reins in still keeping the Book Week spirit alive at St Cecilia's this week. There's been a lot to look forward to this week.

Online Bedtime Story - Over the next fortnight your child/ren can enjoy an evening bedtime story read by a different staff member each day. The story readings can be accessed every day from our St Cecilia's Facebook page.

Book Week Dress Up (Friday 27th August) - A virtual Book Week Parade will take place at school and on Friday's Zoom assembly. If your child would prefer not to dress up then maybe they might like to hold up one of their favourite books for everyone to see. As is our tradition, the teachers will be looking out for the best dance moves when the parade music starts.

Chylewska's Challenge (all week) - Send in a photo or drawing of yourself visiting other parts of the world and share a favourite memory from your time there. All submissions to scw@dbb.catholic.edu.au

FATHER'S DAY SELFIE AND DAD JOKE - URGENT!

The staff are preparing for Father's Day in a couple of weeks and to help us acknowledge the fatherly figures in our children's lives, we ask for families to film dad sharing a 'dad joke' and/or get the child/ren to take a selfie with dad or type up one of dad's favourite dad jokes. Any dad jokes or selfies can be emailed to scw@dbb.catholic.edu.au titled **Father's Day**. Alternatively, you can send the recordings or videos via Personal Message (PM) on Facebook. Please send these videos and selfies **by Friday 27th August**.

YEAR SIX GRADUATION

There has been mention from our Director of Schools, Danny Casey that many milestone graduation celebrations will need to occur in a COVID safe way this year.

To assist in the creative planning, support and preparation to still make this a memorable event for our year 6 children, I'm asking for parent input via the [Year 6 Graduation Parent Input form](#). Following the input of ideas the year 6 teachers and myself will host a year 6 parent Zoom meeting (suggested dates in form) to commit to action with some of the suggestions put forward.

BUDDY FAMILY PROGRAM

Please consider volunteering your time and complete the form below to become a buddy family for a new family enrolled in our school.

What is the Buddy Family Program? The Buddy Family Program will match existing school families with new families to help ensure a smooth transition to St Cecilia's, Wyong. The program is designed to help ease what can at times be an overwhelming first year at a new school.

What is the purpose of this program? To engage new families right away and provide them with a personal point of contact for any questions they may have as they navigate their first year at St Cecilia's.

Who can join the program? All St Cecilia's families are encouraged to sign up.

How much work does it involve? Each Buddy Family is asked to make personal contact with their new family as well as remain in touch during the following school year. A Family Bio will need to be completed by the existing and new family to exchange a little bit of information about each with your new Buddy Family. Any additional contact you wish to make with your new families is completely up to you.

How and when will I be assigned to my new family? The Family Liaison Officer (FLO) will assign each Buddy Family a new family, usually toward the end of a school year or throughout the year when new enrolments occur. The FLO will refer to the wait list of families who offered to buddy up with another family.

How do I become a Buddy Family? Use this link to sign up to be a Buddy Family for 2021/2022 school year <https://forms.gle/P49HojHWFsu6Kfbf6>

SCAREDY CATS

Just another reminder of the upcoming online parent group called Scaredy Cats, which is relevant in supporting any anxiety issues that children may be experiencing during this time. Flyer attached below.



Become a
Buddy
Family

VIRTUAL PARENT HUB

Put the date in your calendar! Come join Mr Madigan, myself and other parents for some down time, catch up and chat at St Cecilia's Virtual Parent Hub.

Topic: Parent Check-in and Chat Hub

Date & Time: *Friday 3rd September at 11am*

Join from PC, Mac, Linux, iOS or Android:

<https://dbbcatholic.zoom.us/j/66523134431?pwd=OHBraXJjMnRqbXVZa3duRjIubFICUT09>

Password: 166325

Meeting ID: 665 2313 4431

Enjoy your Wellbeing Wednesday away from the devices today. Please email through any photos to the office so we can share memories and generate ideas from each other for us to also try.

Award recipients for Friday's Zoom Assembly are attached to this update.

The Virtual Post Olympics medallists will be announced too.

God bless,

Marta Chylewska
(Principal)



CENTRAL COAST



FAMILY SUPPORT SERVICES

Presenting:



We are running the No Scaredy Cats Parenting Program for Parents with children aged 0-12 (expecting mothers welcome)

No Scaredy Cats aims to support you and your child through the ups and downs of life. It is what we call a 'parent-led' approach, meaning that you take on the role of the coach in your child's life, and are able to guide them through emotionally distressing episodes.

Where:

Online via Zoom -
[click here to register](#)

The details:

10am-12pm (2 hours)
2 September - 16 September 2021
(3 Thursdays in a row)

We will be providing this parenting course online via Zoom. You will need access to the internet to participate.

Central Coast Family Support Services (CCFSS) facilitates a variety of parenting courses and support groups, and offers case management support to families living across the Central Coast.

For more information, please call CCFSS on 4340 1585 or email ccfss@ccfss.com.au

Awards and Acknowledgements



Congratulations to the following students for their achievements

Academic Achievement

Kinder Gold	Kiara M	Kinder Blue	Jian S
1 Gold	Isabelle G		
1 Blue	Advik P	1 Blue	Parker G
2 Gold	Lucas R	2 Blue	Charlotte S
3 Blue	Asha D	4 Blue	Azalia A
4 Gold	Megan A	5 Gold	Aditi P
6 Blue	Jude S	6 Gold	Lilly H
Drama	Aditi P 5G	Japanese	Grace C 5G

Personal Best

Kinder Gold	Theo B	Kinder Blue	Riley D
1 Gold	Ruby B		
1 Blue	Quinn R	1 Blue	Bonnie B
2 Gold	Jessaliiyah A	2 Blue	Bowen N
3 Blue	Taylah A	4 Blue	Kaitlyn O
4 Gold	Logan H	5 Gold	Summer H
6 Blue	Kyra H	6 Gold	Clay P
Library	Advik P 1B	Library	Aditi P 5G
Drama	Harry A 6B	Drama	Elysse H 6B
Japanese	Luke R 6B		

PBL Award

Kinder Gold	Ava S	Kinder Blue	Lucy I
1 Gold	Eva W	1 Blue	Kash S
2 Gold	Brody W	2 Blue	Taylor G
3 Blue	India Curtis T	4 Blue	Jack W
4 Gold	Sophie M	5 Gold	Keely W
6 Blue	Chloe M	6 Gold	Phoenix J
Japanese	Aaliah L 5G		