



St Cecilia's Catholic Primary School
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7th September, 2021

Dear Parents,

Last Sunday we celebrated Father's Day, a day to focus on the importance of fathers or father figures in our lives and the crucial teachings that they have given us. I hope all the fatherly figures in our school community were still able to celebrate their special day in lockdown style.

Thank you to the families who submitted many lovely father selfie submissions and the somewhat funny dad jokes which evoked a range of reactions somewhere between cringing and earnest laughter, which hits the mark for a dad joke. Apologies if your photo was missed in the Father's Day reflection, please resend it if this is the case. It appears a few were not received on this end and we would like to rectify this issue.

As we move into our ninth week of HBL, I know the days can appear like 'Groundhog Day'? To be more specific, in 'a situation in which a series of unwelcome or tedious events appear to be recurring in the same way'.

Not only have we now been in lockdown for almost 10 weeks, but it is getting to that time of the term where students are feeling tired. Teachers often see children's energy levels depleting by week 9 & 10 of any usual school term, let alone in this uncertain, repetitive climate.

Teachers are aware of the stresses that many families are under and recognise that good mental health is important at this time. If you feel your children need a break, then please trust your instincts as a parent and allow them to do so. It is better to have plenty of breaks and then return to work refreshed. Just message the teacher so they are aware and will not worry if a child is not present.

I also wanted to remind families of how you can continue to access support from home. Over the course of the term, staff have been working hard to stay connected with families and their class through phone calls, Zoom lessons and feedback on Google Classrooms or Seesaw. If children are finding a lesson tricky, they can comment on the activity and ask for help. Teachers monitor the class online learning platform throughout the day and will respond as soon as they are able to answer questions and clarify learning. Children can also bring their questions to the class Zoom lessons to speak to the teacher directly if they wish. Parents can contact teachers through the school office to further discuss their child's learning or wellbeing. Whilst teachers spend their school days supervising onsite, joining with their colleagues to attend meetings and professional learning, preparing lessons for the days and week ahead, there is sometimes a short delay in responding to queries, but we aim to be in touch as soon as possible.

Mrs Cath Berry has also been helping me to connect with families (in Mrs Daniel's absence) over the term. I recognise that many of you have concerns about the loss of learning time at school. I do want to attempt to try and reassure you that the research is currently showing that most children, who have experienced similar lockdowns around the world, have continued to learn at home.

Thank you to all parents and carers for working with us as partners in your children's learning journey; the children's work habits, attitudes about school and their learning is progressing. Your partnership with teachers throughout this lockdown has been greatly appreciated by staff and benefited your child, seeing them adapt in difficult circumstances.

I miss all the families and children at school and look forward to the day we're all reunited.

God bless

Marta Chylewska
(Principal)

Awards and Acknowledgements



Congratulations to the following students for their achievements

Academic Achievement

Kinder Gold	Ashlyn L	Kinder Blue	Chase J
1 Gold	Max S	1 Blue	Neenah M
2 Gold	Arihan B	2 Blue	Laila F
3 Blue	Sam T	4 Blue	Indie G
4 Gold	Lincoln G	5 Gold	Isabelle R
6 Blue	Leah S	6 Gold	Aliza M
Drama	Sienna S 6B	Japanese	Oliver L 3B

Personal Best

Kinder Gold	Zachary L	Kinder Blue	Marley C
1 Gold	Hannah S	1 Blue	Ruby J
2 Gold	Nicholas G	2 Blue	Ashton B
3 Blue	Jayden M	4 Blue	Liam W
4 Gold	Abigail S	5 Gold	Rory W
6 Blue	Charli J	6 Gold	William S
Library	Sacha B 6B	Library	Kaylee C 6B
Drama	Leah S 6B	Drama	Chloe M 6B
Japanese	Hannah S 1G		

PBL Award

Kinder Gold	Spoorthi A	Kinder Blue	Nixon B
1 Gold	Sama G	1 Blue	Taj S
2 Gold	Cindel H	2 Blue	Cohen J
3 Blue	Lizzy N	4 Blue	Callum H
4 Gold	Ciera H	5 Gold	Tahlia M
6 Blue	Emily P	6 Gold	Natalie P
Japanese	Max S 1G		



SKILLS for parents

Supporting Kids In Living Life Safely

As parents, we all want our kids to be mentally well and safe, particularly during the transition through adolescence. This has always been a challenging time for both young people and their parents. However, the added influences of technology, social media, substance use, peer pressures and acceptance are arguably greater now than ever before.

This 1½-hour presentation provides parents with an understanding of possible behaviours and signs about the need to check in with a child about safety. He or she may simply be going through a difficult time but how do we determine if safety is at risk? Being aware and open to discuss depression, anxiety, self-harm or suicide with a young person in your care may be the most important step to connect with available support.

Takeaways from this presentation:

- Recognition that what we might hear, see or feel may be invitations to help
- Facts about depression, anxiety, self-harm, suicidal thoughts
- Practical approaches to broach difficult subjects with a young person and how to have a meaningful conversation
- Support services available in your community, for your child and for yourself

SKILLS for parents: Supporting Kids In Living Life Safely

Where: Online via Zoom

When: Wednesday 15 Sept 2021

Time: 4.00pm—5.30pm

Reservations:

[BOOK ONLINE HERE](#)

We will contact you closer to the time with details about joining this FREE online presentation.

This training is funded by Gosford North Rotary Save Our Kids (SOKs) Project for communities and schools on the Central Coast.



Lifeline is a not-for-profit organisation that promotes, preserves and protects life. The mission of our training division is to build community capacity and skills for life through a range of specialised training programs to meet the needs of individuals and groups.

 **Lifeline**
Saving Lives
Crisis Support. Suicide Prevention.



31 August 2021

**Tacoma Public School
St Cecilia's Catholic Primary School
Wyong High School
Wyong Public School**

SCHOOL BUS 2140 - AM SERVICE

Dear Parents and Students,

Commencing **Tuesday 5th October 2021** there will be a change to **School Bus 2140**.

School Bus 2140 will operate 5 minutes later throughout the journey. There will be **no** changes to the route.

The revised operating times will be as follows: -

- 8:25am – Kanwal Public School
- 8:35am – Tacoma Public School
- 8:43am – St Cecilia's Catholic Primary School
- 8:47am – Wyong High School
- 8:55am – Wyong Public School

For further information please contact Busways Customer Service on **1300 69 2929**.

Alternatively you can view all of your schools timetabled services at:
<https://www.busways.com.au/nsw/school-services/school-timetables> and select the link adjacent to your schools name; "New timetable | 05 October 2021".

Yours sincerely,

BUSWAYS
(3172i) SB 2140 131W