

St Cecília's Catholic School

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19th October, 2022

Dear Families,

It was lovely to be back at school this week to greet some of you and all your children at the front gate of a morning. It always brings me joy to see the children at the start of day and have a check in and brief (or longer) chat with them. After four weeks of not seeing the children, they have definitely all grown and look well rested after the break.

I want to take this opportunity to express my sincerest thanks to Mr Madigan, who took on the Acting Principal role while I was away on long service leave. I know it would have been a juggling game when still fulfilling some Assistant Principal duties at the same time. Nevertheless, I am always filled with confidence that if I'm ever away, the school is always in good hands under Mr Madigan's guidance and leadership.

The school has begun our planning processes for the 2023 school year with Kindergarten orientation commencing next week. We have two full Kindergarten classes next year, with a wait list and our anticipated whole school enrolments will jump from 301 to almost 330 children. Seeing us grow two classes in two years.

Reporting

Reporting period is drawing closer with teachers commencing assessments and end of year activities to inform the semester 2 reports. Reports will be accessible via Compass at the end of week 9.

2023 Classes

The class teachers will soon begin the process of sorting classes for next year. As in the past, teachers meet with their grade partner and discuss children's progress, the academic, social and emotional needs of students, as classes are created. Behaviour and learning needs, as well as personal circumstances are also taken into account. Please be reassured that your child's teacher will address all of these parameters when placing students. The rigorous process strives to have classrooms of the same grade heterogeneous and balanced. Teachers know students well and want the best for every child. There is no need for parents to submit requests for staff, unless there are exceptional circumstances that we are not aware of. If this is the case, please send your email to myself (Marta Chylewska) at scw@dbb.catholic.edu.au

Year 6 Leadership Camp

Whilst the core purpose of a school is its teaching and learning program, I am sure we all agree that a strong activities program outside of the classroom is of enormous benefit to the children. An activities program helps students build social, emotional and physical skills and allows for the development of personal and interpersonal qualities.

In past two days our year 6 children participated in a much anticipated leadership camp at Point Wollstonecroft. The teachers and children braved the wet conditions to participate in bike riding, archery, sailing, canoeing and night games. My thanks to Miss Clancy and Mr Madigan for leading our year 6 children at the camp and my thanks to the children for immersing themselves in the leadership program with vigour and spirit. I hear the camp was a great success.













School Disco

There is still time on QKR to purchase your Disco tickets for this Friday's upcoming disco. Ticket purchase can be made via the QKR app. The ticket price includes a snack pack with a drink, popcorn, a treat and a little gift. Parents can just drop off their child for the disco or stay for a chat with others.

A big thank you to Heidi West for coordinating the event and volunteers for this Friday. I know the children are looking forward to getting dressed up (no theme) to listen and dance to some tunes with their mates. These are the events that remain lifelong memories for the children.



Friday's Award Assembly

All parents are welcome to join us at this Friday morning's assembly at 8:45am. The recipients listed below will receive their award at the morning assembly.

Flip Meeting Date Change

We have been informed that there is a clash with a St Peter's event on the same evening as our FLIP #4 meeting. Therefore, the new FLIP meeting date will be Thursday 10^{th} November from 6pm - 7:15pm. Agenda items will be shared next week.

Last Day of Term

I know it's been mentioned before but in case you missed it, St Cecilia's children will be finishing up on Friday 16th December.



Kind Regards

Marta Chylewska (Principal)

IMPORTANT DATES

Key Events for Term 4

WEEK 2			
Thurs. 20th October	Mission Mass for Year 6 Pastoral Team & Mrs Dowling		
Fri. 21st October	School Disco 5pm - 6:30pm TICKETS AVAILABLE ON QKR NOW! CRAZY SOCK DAY		
WEEK 3			
Wed. 26th October	Tech Matics Day (selected students)		
Thurs. 27th October	Kindergarten 2023 Orientation Session #1 @ 9am – 10:30am		
WEEK 4			
Wed. 2nd November	Kindergarten Orientation Session #2 @ 9am – 10:30am		
WEEK 5	RECYCLING WEEK		
Thurs. 10 th November	Kindergarten Orientation Session #3 @ 9am – 10:30am		
	FLIP Meeting #4 @ 6pm - 7:15pm		
Fri. 11th November	Remembrance Day Whole School Liturgy @8:45am		
WEEK 6			
Fri. 18th November	Year 5 & 6 Touch Football Gala Day		
WEEK 7			
Mon. 21st November	Year 5 Bathurst Overnight Excursion		
Tues. 22nd November	Year 5 RETURN from Bathurst Excursion		
	St Cecilia's Whole School Liturgy @ 8:45am in Assembly Area		
WEEK 8			
Mon. 28th November	K-2 Swimming Program Starts (9 day program)		
Tues. 29th November	K-6 Whole School Christmas Concert; Drew Lane @5:30pm - 7:30pm		
Sat. 3 rd December	Choir performing at Palmdale at 10am		
WEEK 9	WELLBEING WEEK		
Mon. 5th December	Year 6 Graduation starting at 5pm – 8pm		
Tues 6 th December	Bright Beginnings Santa Workshop		
Thurs. 8th December	1-5 Swimming Carnival & Water Fun Day at school for Kindy & Year 6		
Fri. 9th December	Last day of K-2 Swim Program		
WEEK 10			
Mon. 12th December	End of Year K-6 School Mass @ 9:30am in the hall		
Tues, 13th December	Advent/Christmas Praver @ 8:45 am in Assembly Area		

Wed. 14th December Thurs. 15th December Fri. 16th December End of Year K-6 School Mass @ 9:30am in the hall Advent/Christmas Prayer @ 8:45 am in Assembly Area Stage 3 Surf Safety Day @ Toowoon Bay Stage 2 Surf Safety Day @ Toowoon Bay Step up Morning with child's teacher for 2023 LAST DAY OF SCHOOL FOR 2022 & Year 6 Bell ringing.

From the REC

Catholic Mission Month





Catholic Mission Month is to learn more about issues of mission and justice. In 2022, students and their families across Australia will raise funds to support families in Ethiopia facing malnutrition and food insecurity. Socktober will help sustain and enrich the lives of vulnerable children who are in need of our support.

Mission in Action:

At **St Cecilia's** we are going to support one of the initiatives of Catholic Mission by participating in Socktober. This initiative aims to 'sock it to poverty' by providing better living, educational and formation opportunities to some of the world's most vulnerable children. The children are invited to wear crazy socks and bring a gold coin donation on Friday, the 21st of October.

Sharing Our Fabulous Learning

Year 1 has started their Mission unit of work: *Sharing with others as Jesus showed us*. It has been about how Jesus shares and cares in a loving way for people in need. During a buddies' session the Year 1 and Year 5 students explored this topic by identifying how we feel when we share.

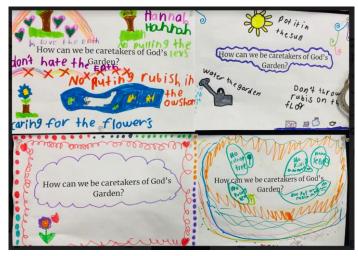


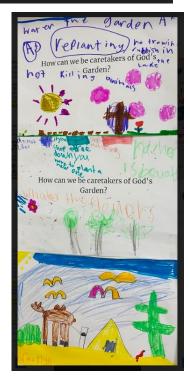






Additionally, Year 2 have been learning about the stories of people of the Old Testament and how they teach us about God and about ourselves. The children have created amazing artwork.





Upcoming Liturgical Celebrations

<mark>Term 4 Dates</mark>

- Friday, the 21st of October, Crazy Sock Day, gold coin donation
- Friday, the 11th of November, **Remembrance Day Liturgy** @ 8:45am, Assembly Area
- Tuesday, the 22nd of November, St Cecilia's Liturgy @ 8:45am, Assembly Area
- Tuesday, the 29th of November, Drew Lane Christmas Concert @ 5:30pm, Assembly Area
- Monday, the 5th of December, Year 6 Graduation Mass @ 5pm, Assembly Area
- Monday, the 12th of December, End of Year Mass @ 9:30am, St Cecilia's School Hall

God Bless Jamie Dowling Religious Education Coordinator

From the FLO

Some tips to help Children who suffer from anxiety:

Give them options - as many as they need. Always have a plan A, B, C and D. Talk to them often an check in with them every day.

Have signals between you both so if you're out, they can give you a special signal to alert you that they need you (anxious kids DO NOT like to alert anyone but their "go to" person that they are struggling, so don't make it obvious) remember you are teaching them skills for life by helping them to trust themselves and you. If your child has chosen you to open up to then this means they trust you and know you will help them.

How special are you to them if you are chosen, and well done for being available to them.

Notice when they are beginning to become heightened and ask them to do some breathing with you. Practise this when they aren't in a heightened state and get them to make this part of their day. When a child is heightened, just like adults, they need to calm their nervous system and the only way to do that is to get in some deep breaths.

Have the "what if" conversations with them EG: Saily, what would happen if you got to the classroom and there was no one there? What would you do? Giving them scenarios when they are calm will equip them with the solutions before the issue arises. This will also help them to learn to trust themselves to know what to do in these moments. You are building resilience, and this is very important work for every child!

Kids with anxiety are a million steps ahead of everyone else, thinking of all the things that can go wrong. Help them to know that there are moments in life when things don't go wrong. Remind them of the moments that things went well and times they managed.

And lastly, in those quiet moments, praise them for being able to manage, even though its hard work, it's so rewarding for both the parent/carer and the child.



Awards and Acknowledgements



Congratulations to the following students for their achievements Awards Assembly will be this Friday at 8.45am

Academic Achievement

Kinder Blue	Aydin P	Kinder Gold	Xin-Yu
1 Blue	Lucy I	1 Gold	Henry D
2 Blue	Harry L	2 Gold	Elijah A
3 Blue	Miranda T	3 Gold	Sophia C
4 Blue	Lily M	4 Gold	Hunter K
5 Blue	Keithen L	5 Gold	Kaydee C
6 Blue	Isabelle R		
CAPA	Zachary T 4G	Japanese	Patrick M 2B

Personal Best

Kinder Blue	Taylem Y	Kinder Gold	Рорру Н
1 Blue	Grace W	1 Gold	Parker F
2 Blue	Malachi E	2 Gold	Ruby J
3 Blue	Bentley C	3 Gold	Tyler K
4 Blue	Leo C	4 Gold	Levi W
5 Blue	Ella L	5 Gold	Indie G
6 Blue	Elias M		
CAPA	Miller W 4B	Japanese	Parker G 2G
Library	Miller W 4B	Library	Nikeeta R 4G

PBL Award

Kinder Blue	Anastasia G	Kinder Gold	Liam D
1 Blue	Harrison F	1 Gold	Indie A
2 Blue	Jimmy A	2 Gold	Jayde G
3 Blue	William T	3 Gold	Cindel H
4 Blue	Johnny M	4 Gold	Lorelei F
5 Blue	Kaylee D	5 Gold	Megan A
6 Blue	India T		
САРА	Will C 4G	Japanese	Aaliyana A 3B