Principals' Update

At St Cecilia's School, we acknowledge that the land on which the school is built is the Darkinjung people's land. We appreciate the Darkinjung people sharing their land with us.



JULY

WEDNESDAY 26TH JULY GRANDPARENTS DAY 8.15AM

THURSDAY 27TH JULY
100 DAYS OF KINDERGARTEN

AUGUST

FRIDAY 4TH AUGUST
CCC ATHLETICS CARNIVAL

TUESDAY 8TH AUGUST
MARY MACKILLOP LITURGY

THURSDAY 10TH AUGUST STAFF DEVELOPMENT DAY

TUESDAY 15TH AUGUST
WHOLE SCHOOL ASSUMPTION MASS

WEDNESDAY 23RD AND THURSDAY 24TH YEAR 5 BATHURST EXCURSION

FRIDAY 25TH AUGUST SCHOOL DISCO

THURSDAY 31ST AUGUST
FATHERS DAY BREAKFAST, LITURGY AND BOOK
WEEK PARADE

AFTER SCHOOL

AUS KICK AFL PROGRAM

Any parents interested in registering their child for an extra curricula activity on Wednesday afternoons, starting 2nd August, our extra curricula 'after school' AFL program is back.

See the last page for registration details.

NO SCHOOL 10.8.23

PUPIL FREE DAY

A reminder that on Thursday 10th August we have our Staff Spirituality Day and school will be closed.

There will be no lessons or supervision provided on this day.

AUGUST 9TH 2023

FLIP MEETING #7

The next Families Leading in Partnership meeting will take place on Wednesday 9th August at 6:15pm in the staffroom. Some of the agenda items for discussion will be:

- Numeracy Improvement Plan
- Culture Survey feedback
- School disco planning
- Open to other agenda items.

Please RSVP here.



BABY NEWS

Congratulations to Mrs Michaela Doughty and her family who welcomed baby Oscar at the end of last term. The family are smitten with their new little bundle of joy and on all accounts, he is cooperating and doing what all babies do best, waking mummy up for night feeds, requesting copious cuddles, starting to smile and bonding beautifully with his older brother.

We can't wait for them to visit us.

18th July 2023

SECOND STEP - WEEK 1, Term 3

The K-5 children are continuing to develop their skills in **Empathy** and year 6 have moved into **Emotion Management**.

Empathy is related to social competence and academic success. Being able to identify, understand, and respond in a caring way to how someone is feeling provides the foundation for helpful and socially responsible behaviour, friendships, cooperation, coping, and conflict resolution.

Increasing students' empathy also helps create a foundation for the Second Step units that follow (Emotion Management). Increasing children's ability to identify their own feelings and building empathy are skills that help prepare them for managing emotions. As they increase their awareness of what they are feeling they become better equipped to identify and cope with strong emotions. Empathy also provides a critical interpersonal foundation for carrying out the skills learned in the Problem-Solving Units, because students need to take others' emotions into account and think about others' perspectives to solve interpersonal problems.



Week 1 FOCUS

Kindy, Year 1 & 2 - Same or different? Feelings Change. Year 3 & 4 - Showing Compassion Year 5 - Disagreeing Respectfully Year 6 - Emotions; Brain and body responses to strong emotions (incl. first three 'Steps for Staying in Control')

GRANPARENT'S LITURGY

A reminder that Wednesday 26th July (next week) we are hosting our Grandparents Day. The morning schedule is as follows:

8:15am - 9am OPEN CLASSROOMS

9:15am Liturgy will begin in the school hall, followed by a light morning tea.

Please RSVP here to indicate how many Grandparents will be attending. We look forward to welcoming all our grandparents.



I hope you and your children all had a rejuvenating holiday soaking up the warm winter sunshine and returning in good health and high spirits as we embark on the beginning of term three.

As we start this term, I want to emphasise the importance of open communication between the school, parents, and children. The teachers and I strongly believe collaboration and partnership are key to fostering a supportive educational community. Should you have any concerns, ideas, or suggestions, please do not hesitate to reach out to your child's teacher, myself, or the Student Support Services Team in the office. Together, we can ensure the best possible educational experience for each student.

I would also like to remind everyone to pencil in some upcoming key events this term, displayed in the visual at the start of my Principal's Update. Our <u>online calendar</u> also has a more elaborate outline of other exciting activities, competitions, and events. Your encouragement and active participation in school events and activities contributes significantly to our vibrant school community.

Wishing everyone a productive and fulfilling term 3. Let us embark on this journey together, united in our commitment to excellence and dedicated to nurturing the unique potential within each student. As one of our class mum's puts it so eloquently, '*Together we shine brighter*', creating a school year filled with growth, achievements, and cherished memories.

Regards

Marta

18th July 2023



JOIN THE FUN!

ST CECILIA'S PRIMARY SCHOOL AFTER SCHOOL AUSKICK

WEDNESDAY 2nd, 9th, 16th, 23rd AUGUST 3pm-4pm

Each participant will receive 4 weeks of fun games, learn new skills & receive an Auskick pack including a football, pump, cards, fidget popper, bag and bounce ball

Scan the QR Code below to register or head to https://www.playhq.com/afl/register/dc8910





play.afl/auskick



18th July 2023