

Principals' Update

At St Cecilia's School, we acknowledge that the land on which the school is built is the Darkinjung people's land. We appreciate the Darkinjung people sharing their land with us.

100 days of Kindy



FROM WEEK 5

CASHLESS CANTEEN

From next week, we will be moving to a cashless canteen. This means that morning tea will no longer be able to be bought over the counter. All purchases for morning tea will now be able to be made via QkR. It will be a limited menu, which is currently open on QKR already.

NO SCHOOL 10.8.23

PUPIL FREE DAY

A reminder that next week on Thursday 10th August we have our Staff Spirituality Day and school will be closed.

There will be no lessons or supervision provided on this day.

AUGUST 9TH 2023

FLIP MEETING #7

The next Families Leading in Partnership meeting will take place on Wednesday 9th August at 6:15pm in the staffroom. Some of the agenda items for discussion will be:

- Numeracy Improvement Plan
- Culture Survey feedback
- School disco planning
- Review of School Behaviour Matrix

Please [RSVP here](#).

SCHOOL CAPTAIN NEWS

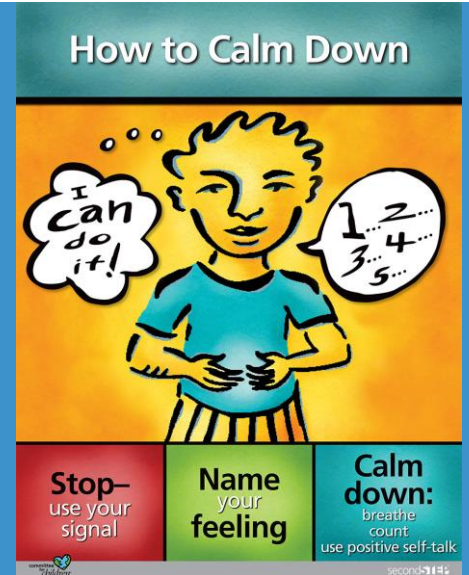
Our school captain names have made it onto the honour board at school. Every year the four school captains are recognised for their leadership roles but having their name printed on the honour Board that hangs in the school office.



SECOND STEP - WEEK 3, Term 3

All the children are engaging in the Emotion Management Unit, which is intended to help them at school but may also be beneficial at home between their siblings or even with us parents at times. Children will learn the following 'How to Calm Down' steps. (see poster on left)

1. **STOP** - Use your signal; pay attention to the clues in your body and in the situation to help you understand how you feel. The first step is to use a stop signal to catch your own attention and to tell yourself to stop. You might say *Chill out! Stop! Or Relax!* Help your child identify what their best stop signal is?
2. **NAME YOUR FEELING** - Use your feeling detective skills (from Empathy Units of learning) to name your feeling. When we acknowledge and recognize our feelings, the thinking part of our brain can start to manage them.
3. **CALM DOWN** - Some calm down strategies we learnt in our Skills for Learning units included breathing, counting or using positive self-talk. Help your child identify their favourite way to calm down.



DISCO - FRIDAY 25TH AUGUST

The Year 5 Parents are coordinating and working with the Kindy parents to bring to the St Cecilia's Fluoro Friday school disco!

The 'Save the date' was sent out mid last term and the disco will be held on Friday 25th August from 5pm - 6:30pm. Tickets will be \$8 and that will include ticket with a snack pack (popcorn, chocolate bar, fluoro headband, water bottle & Snap-Stick ice-block).

Any children who have purchased tickets will need to sign in and be marked off a list to receive a wristband, which will entitle them to their snack pack at the canteen.

Volunteers able to assist on the night please complete this form.

<https://forms.office.com/r/GeSdaL3b1k>



We are excited to welcome a school-wide assembly called **NED's Mindset Mission**. The show will be on **Friday 11th August 2023** at 9:15am in the hall.

NED's Mindset Mission is a positive behavior programme where a world-class performer will take our children on an interactive educational journey filled with storytelling, illusions, yo-yo tricks and humor. The assembly introduces a cartoon boy named NED who is on a very important mission: to find his mindset. Led by clues and memorable characters, he overcomes Mt. Everest's toughest obstacles, uncovers inner treasures on a Caribbean Island, and grows his brain while repairing a sputtering spaceship. Throughout the performance, your students discover how to activate their growth mindset to overcome social, emotional, and academic challenges.

The attached order form will be sent home with each child and need to be returned for the day of performance. Alternatively, the sale of items will be available for five days in the following week of the performance. These sales will be set up at the end of the school day under the hall from Monday 14th Aug- Fri 18th Aug.

We received the assembly at no cost because another school paid-it-forward. Hopefully with our purchases, we will be able to pay it forward to another school.

Regards

Marta

Hi, I'm NED!



Hello families!

NED's Mindset Mission is a positive behaviour assembly visiting our school!
A world-class performer takes our students on a 45-minute journey filled with storytelling, illusions, yo-yo tricks and humour.

NED's message and memorable friends inspire students, promote academic achievement, and support our school goals. NED will become a positive role model at both school and at home.

Never give up **E**ncourage others **D**o your best®

A yo-yo is both a mindset tool and tangible reminder of NED's message. While learning to yo, children will make mistakes, try again, & improve. Read more at www.MindsetMission.com/yoyos.

Our school yo-yo sale

Our school received this assembly at no-cost because another school paid-it-forward to us. We want to help pay-it-forward too, and you can help by purchasing a NED-messaged yo-yo.

SALE DATES: _____ TIME: _____

ADDITIONAL DETAILS: _____



Yo-yo designs and colors may vary.
Make cheques payable to our school. Prices include tax (where applicable).

STUDENT ORDER FORM:

CLASSIC YOS AU\$14

Learn the basics of yo-yoing with assorted fixed axle yo-yos.



SUPER SPINNERS AU\$16

Great for basic and intermediate tricks. With a strong throw, these auto-return yo-yos 'sleep' at the end of the string & then come back to you automatically.



SPECIALTY SELECTION AU\$22

Assorted professional long spin yo-yos for next level tricks!



REPLACEMENT STRING PACK

Ten assorted strings to change color or replace a worn out yo-yo string.



AU\$6

YO-YO HOLSTER

Keep track of your yo and have it ready to go. Attach it to your belt loop or backpack (yo-yo not included).



AU\$12

Name: _____

Teacher: _____

For more yo-yo fun and to learn tricks, check out:
NEDkids.com



Yo-yo designs and colors may vary.
Make cheques payable to our school.
Prices include tax (where applicable).

ITEM	PRICE	QTY.	SUBTOTAL
String Pack	AU\$6		
Holster	AU\$12		
Classic Yo	AU\$14		
Super Spinner	AU\$16		
Specialty Yo	AU\$22		
TOTAL DUE			